

MLK DAY OF SERVICE

MONDAY
JANUARY 21
2019

“Life’s most persistent and urgent question is, ‘What are you doing for others’”?

Dr. Martin Luther King, Jr.

 **Montgomery County
VOLUNTEER CENTER**



WELCOME

Thank you for participating in the annual MLK Day of Service hosted by the Montgomery County Volunteer Center. To honor Dr. King and his legacy, we gather today to unite in volunteer service. We hope you enjoy your day of giving back and encourage you to volunteer throughout the year. Be sure to visit the Volunteer Fair to learn more about organizations that need your support.



Capture your experience and share online with #MLKMontCo, #MLKDay and #volunteermoco

HELPING HANDS

Floor maps are located throughout the Ballroom to help guide your experience. A full listing of Service Projects and Volunteer Fair tables and map are enclosed for your reference.

If you need assistance, locate a staff person in a red or yellow event t-shirt.

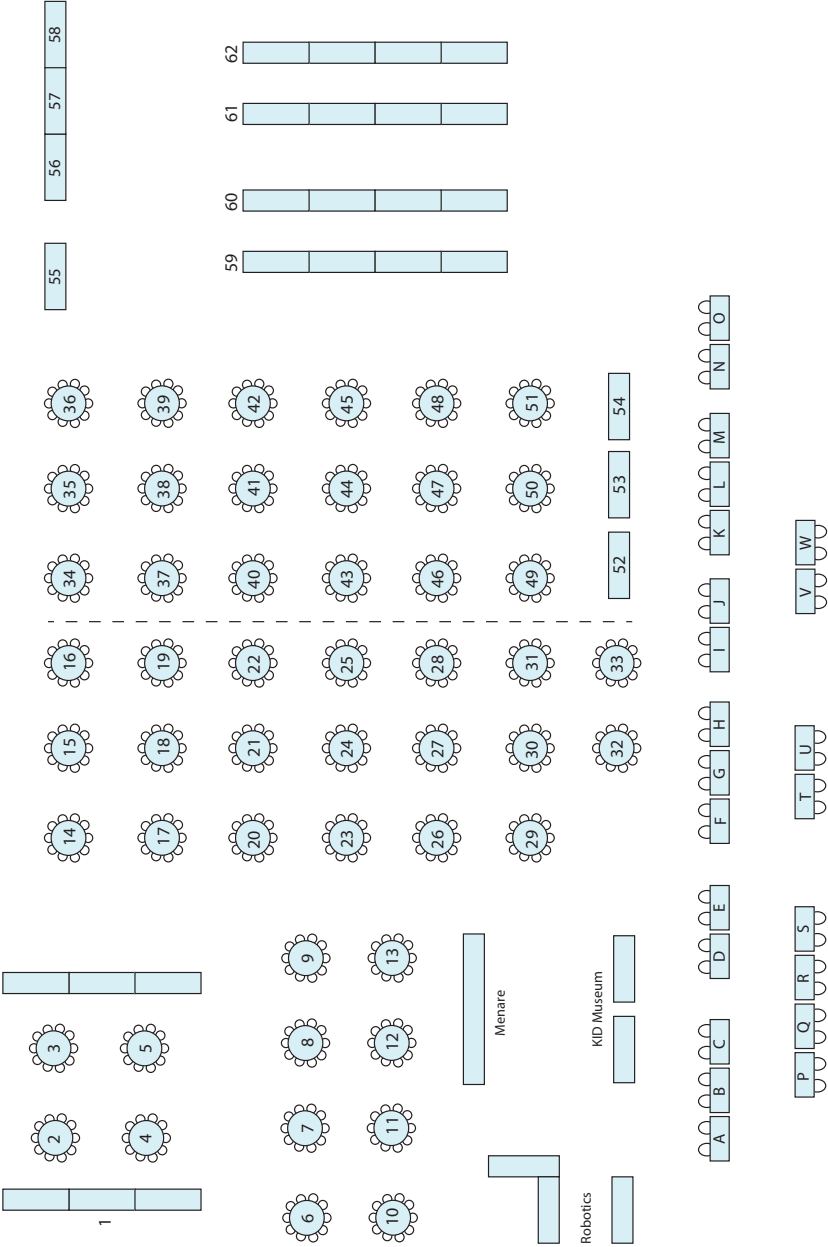
MORE WAYS TO SERVE

Visit our website to learn about volunteer opportunities

www.montgomeryserves.org or give us a call **(240) 777-2600**

We are here to help you find the perfect match!

SERVICE PROJECT MAP



ACTIVITIES

SERVICE PROJECTS

Table	Project Title and Agency Name	Project
1-5	Create No-Sew Blankets and Scarves for Patients Montgomery Hospice www.montgomeryhospice.org	Create no-sew fleece blankets and scarves for patients and family members of Montgomery Hospice.
6	Make Warmers for Hospice Patients Holy Cross Home Care & Hospice www.holycrosshealth.org/hospice	Make hand and feet warmers for hospice patients at Holy Cross Hospice!
7-8	Create Stress Balls Sigma Gamma Rho Sorority, Inc., Eta Theta Sigma Chapter sgrho1922.org	Make stress balls for students. The balls will be donated to Every Mind and MCPS Counseling Services.
9	Decorate Certificate Holders Community Ministries of Rockville (CMR) www.cmrooks.org	Decorate certificate holders with words about the importance of volunteers and designs. Certificate holders will be given to CMR volunteers at the Volunteer Appreciation Reception.
10	Decorate Tissue Boxes Charles E. Smith Life Communities www.smithlifecommunities.org	Decorate tissue boxes to keep post-acute care patients healthy.
11	Decorate Foam Fingers Bethesda Big Train www.bigtrain.org	Create foam fingers with positive messages for children at NIH.
12	Create Mini Tea Light Jars Young Women of Society, Inc. www.ywofsociety.org	Decorate mini jars and fill them with tea lights for residents in shelters across Montgomery County.
13	Write Valentine's Day Cards for Seniors The Holiday Project www.holidayproject.org	Write thoughtful, loving notes for residents in senior living homes for Valentine's Day.
14-15	Assemble Totes of Hope for the Homeless Small Things Matter www.smallthingsmatter.org	Decorate reusable bags for the homeless and fill them with toiletries, a kind message, and a small snack.
16	Assemble Wellness Bags Montgomery County Commission on Children and Youth www.montgomerycountymd.gov/CCY	Fill clear plastic bags with stress balls, crisis line info, and handwritten notes to benefit the mental health and wellness for youth in Montgomery County.

Table	Project Title and Agency Name	Project
17-18	Create Costumes for Kids in Hospitals Only Make Believe www.onlymakebelieve.org	Make and decorate hats for children at the NIH.
19, 22, 25	Create Paracord Bracelets for Operation Gratitude Sponsored by Bank of America, N.A. www.operationgratitude.com	Make bracelets to go in care packages for veterans, first responders, wounded warriors, and U.S. Service Members deployed overseas.
20-21	Create Magazine Coasters Montgomery County Department of Environmental Protection, Division of Solid Waste Services www.montgomerycountymd.gov/SWS	Give magazines a second life by turning them into coasters to be enjoyed by residents at the Holiday Park Senior Center.
23-24	Write Letters to Orphans Paper Bridges www.paper-bridges.weebly.com	Spread love and hope to orphans around the world through heartfelt handwritten letters. Paper Bridges works with local organizations, elementary and middle schools, and senior homes to create workshops and collect letters, as well as make care packages, to send to orphanages internationally.
26-27	Pink Ribbon Awareness Zeta Phi Beta Sorority, Inc., Gamma Alpha Eta Zeta Chapter www.gahzzetas.org	Make cards and use keyrings, ribbon, and beads to make keychains for breast cancer patients at the Shady Grove Adventist Aquilino Cancer Center.
28, 31	Write Letters for Operation Gratitude Sponsored by Bank of America, N.A. www.operationgratitude.com	Write a heartfelt note and create a drawing to be included in the care packages sent to deployed troops and wounded warriors.
29-30	Write Valentine's Day Cards Alpha Kappa Alpha Sorority, Inc Theta Omega Omega Chapter www.aka-too.org	Make Valentine's Day cards for residents at the Arcola Nursing Home.
32-33	Knit and Crochet Patriotic Squares for Veteran Blankets 67 Blankets for Nelson Mandela Day www.67blankets.org	Knit/crochet/loom squares to make into blankets for veterans through local charities throughout Maryland and DC, including Central Union Mission.

SERVICE PROJECTS

Table	Project Title and Agency Name	Project
34-35	Assemble Personal Care Kits for Area Shelters Islamic Community Center of Potomac (ICCP) www.iccpmd.org	Make personal care kits with a personal note or card for residents at area shelters, including Montgomery County Coalition for the Homeless, Watkins House, and Becky's House in Rockville, MD.
36	Make NICU Family Care Packages Sigma Gamma Rho Sorority, Inc., Eta Iota Sigma sgrho1922.org	Decorate bags and fill them with goodies for families in NICU hospital wards across Montgomery County.
37-38	Lap Counter Making and Marker Testing Girls on the Run (GOTR) of Montgomery County www.girlsontherunofmoco.org	Test and bundle markers that GOTR teams will use throughout the season. Make motivational lap counters using markers and popsicle sticks!
39	Diabetic and Ankle Sock Roll for Veterans People Helping People Foundation www.washingtondc.va.gov	Roll and bundle pairs of socks for veterans living at the Washington, DC VA Hospital and Fisher House.
40-41	Assemble Toiletry Bags for the Homeless Phi Beta Sigma Fraternity Inc., Tri Sigma Alumni Chapter www.pbstrisigma1914.org	Assemble toiletry bags for street homeless and homeless shelters in DC.
42	Write Mini Notes for Seniors and Homeless Benefiting Housing Opportunities Commission www.hocmc.org	Design cheerful cards of encouragement just in time for Valentine's Day! The cards will be attached to handmade hats given to seniors in HOC Housing and homeless throughout Montgomery County.
43	Make a Friendship Bracelet Benefiting Children's Inn at NIH www.childrensinn.org	Make a friendship bracelet to be gifted to a child at NIH. Then fill a bag with the bracelet, instructions on how to make it, and materials for them to make their own bracelet to gift to a friend!
44	Make a Paper Kite Benefiting Montgomery Housing Partnerships www.mhpartners.org	Make and decorate a paper kite for children at Montgomery Housing Partnerships.
45	Write Notes of Encouragement Meals on Wheels www.mowmc.org	Write uplifting notes for recipients of Meals on Wheels food packages!

Table	Project Title and Agency Name	Project
46-47	Crochet Blanket Squares Warm Up America! www.warmupamerica.org	Crochet squares for blankets to benefit social service agencies, including homeless shelters, battered women's shelters, American Red Cross chapters, veterans homes, senior centers, hospices and religious organizations serving families and individuals in communities around the country.
48	Make Dog Toys for Hero Dogs and Warrior Canine Connection Benefiting Hero Dogs and Warrior Canine Connection www.hero-dogs.org www.warriorcanineconnection.org	Make dog toys for the hardworking dogs at Hero Dogs and Warrior Canine Connection!
49-50	Assemble Postcards for Students TLC- The Treatment and Learning Centers www.ttlc.org	Separate and batch postcards to prepare them for delivery. The postcards will be included in backpacks for Montgomery County elementary students.
51	Make a Flipbook Benefiting Peppertree Children's Center www.peppertreechildrenscenter.com	Get creative and make a flip book to be enjoyed by children at Peppertree Children's Center.
52-53	Assemble 5 Sense Care Packages EveryMind www.every-mind.org	Assemble care packages filled with items for each of the 5 senses! Care packages will benefit Montgomery County Public School middle and high school students, as well as neighborhood children transitioning from elementary to middle school, and middle to high school.
54	Resource Bags Sponsored by CNSI www.mcch.net	Fill resource bags with donated items for the Montgomery County Coalition for the Homeless Men's Emergency Shelter.
55-58	Meal Packaging Meals on Wheels www.mowmc.org	Pack food boxes for homebound seniors to have on snow days when food delivery is not available.
59-62	Food Packaging Manna Food www.mannafood.org	Package food to benefit some of the 40,000 recipients of meals through soup kitchens, food pantries, and emergency shelters across Montgomery County.

ACTIVITIES

Activity Title and Agency Name	Activity
Light up the Future KID Museum www.kid-museum.org	KID Museum offers interactive experiences for elementary and middle school-aged children that integrate hands-on science, technology, engineering, art, and math learning with an exploration of world cultures and global citizenship.
What Do You Stand For? Menare Foundation, Inc. www.menare.org	Preservation of Underground Railroad history, historic sites, and environments.
Hello Robot - Making Your First Robot in Minutes Almond Robotics Team (Modular Learning, Inc.) www.almondrobotics.weebly.com	Demonstrate the concept that building a cool robot needs knowledge and skills, but is not necessarily complicated and expensive. Build a robot and then take what you learn and teach others.

VOLUNTEER FAIR

Table	Agency name	Agency website
A	Modular Learning INC	www.almondrobotics.weebly.com
B	interPLAY Orchestra	www.interplayorchestra.org
C	The Conflict Resolution Center of Montgomery County (CRCMC)	www.crcmc.org
D	The First Tee of Greater Washington, DC	www.thefirstteedc.org
E	Circle of Hope Therapeutic Riding	www.chtr.org
F	Metropolitan Washington Ear	www.washear.org
G	Catholic Charities D.C.	www.catholiccharitiesdc.org
H	Caring Matters	www.caringmatters.org
I	The Bernie Scholarship Awards Program	berniescholarships.org
J	Hero Dogs, Inc.	www.hero-dogs.org
K	Women Who Care Ministries	www.womenwhocareministries.org
L	Yachad	www.yachad.org

Table	Agency name	Agency website
M	RefAmerica	
N	Family Services, Inc.	www.fs-inc.org
O	Young Women of Society, Inc.	www.ywofociety.org
P	67 Blankets for Nelson Mandela Day	www.67blankets.org
Q	Alpha Kappa Alpha Theta Omega Omega Chapter	www.aka-too.org
R	Holy Cross Home Care & Hospice	www.holycrosshealth.org/hospice
S	Interfaith Works	www.iworksmc.org
T	Montgomery County Department of Environmental Protection, Division of Solid Waste Services	www.montgomerycountymd.gov/SWS
U	Only Make Believe	www.onlymakebelieve.org
V	People Helping People Foundation	www.washingtondc.va.gov
W	Warrior Canine Connection	www.warriorcanineconnection.org

THANK YOU

Thank you to the AmeriCorps/VISTA members and Senior Corps RSVP volunteers for sharing your time and talent on this MLK Day of Service.

SERVE ON MLK DAY AND BEYOND



AmeriCorps

www.nationalservice.gov/programs/americorps



Senior Corps RSVP of Montgomery County

240-777-2610

rsvp@montgomerycountymd.gov

www.montgomerycountymd.gov/volunteercenter/volunteers/RSVP.html

MONTGOMERY SERVES AWARDS

Nominate friends, family members, and colleagues who have demonstrated exemplary community service or volunteerism for service done in 2018.

Nominations are now open in the following categories:



Neal Potter Path of Achievement

Award (lifetime service by 60+ year old residents)

Volunteer of the Year Award (extraordinary volunteerism by an individual)

Youth Volunteer of the Year Award (remarkable volunteers age 18 and under)

Volunteer Group of the Year Award (group's noteworthy community service)

Business Volunteer of the Year Award (outstanding volunteerism by a corporation)

Applications are being accepted through **February 22.**

Find links to nomination forms at www.montgomeryserves.org.

STUDENT SERVICE LEARNING



The Volunteer Center works in partnership with Montgomery County Public Schools (MCPS) to show organizations and volunteer opportunities that have been reviewed by MCPS and meet MCPS guidelines for Student Service Learning (SSL). Look for the graduation cap icon showing MCPS SSL opportunities on our website.

STAY CONNECTED

VOLUNTEER THROUGHOUT THE YEAR!

The Montgomery County Volunteer Center can help you find ways to serve our community year-round. www.montgomeryserves.org

Search for volunteer opportunities by keyword, organization, date, location, and more.

SUBSCRIBE TO OUR MONTHLY EMAIL NEWSLETTER

Click the “Get Our Newsletter” button at the top of our home page to get volunteer information delivered right to your inbox.



Find us on
Facebook

Like us @MontgomeryCountyVolunteerCenter to see timely and last-minute volunteer needs in your feed.

50+ VOLUNTEER NETWORK

This unique initiative focuses on the rapidly growing 50+ population seeking purposeful volunteer opportunities. Through personal consultations, the program effectively matches skilled volunteers with nonprofit and government agencies needing assistance. The 50+ Volunteer Network offers a valuable resource for agencies and engages volunteers who want to give back to the community by using their lifetime of professional and personal experiences.

Contact us with questions at:

50plus@montgomerycountymd.gov or learn more at www.montgomeryserves.org.

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Montgomery Cooperating Organizations



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Volunteer Center
Office of Public Information

